



City Psychology Service

Confident Parents, Confident Children

Course Details

Dates and Times To organise dates for your setting please contact Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

The programme consists of 2 hour sessions for 5 weeks followed by a review 6th session

Venue Collegiate House, College Street, Leicester. LE2 0JX
☎ 0116 221 4800 📠 0116 221 1216

Audience ■ Therapeutic Group Intervention Programme for Parents

Areas Covered

- Being a parent can sometimes be a difficult job
- CBII is a multiagency team working together to support children and families to manage their emotions and behaviour
- We aim to work with parents/carers and any other adults involved in finding straight forward solutions
- CBII are planning to run groups in schools where parents and carers can come along and share their thoughts and ideas on children's behaviour, plus share their feelings and emotions
- The group will run for 5 weeks with a follow up session to review learning and development
- Parents, carers and school staff to decide which issues they would like to discuss and work through

Course Outcomes

- Parents more able to engage in discussion, have more ideas and practical suggestions about parenting that may help them to make informed choices about their relationships with their children
- Parents develop confidence in managing their children's behaviour

Course Leader Davinder-Singh Dhesi (Senior Educational Psychologist)

Cost £120 per person

Required number of delegates: Minimum 6, Maximum 10

How to apply To book your place visit www.lls.leicester.gov.uk

Full terms and conditions can be found on the website