



City Psychology Service

Friendship Skills

Course Details

Dates and Times To organise dates for your setting please contact Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

This programme consists of one hourly sessions for 7 weeks.

Venue Collegiate House, College Street, Leicester. LE2 0JX
☎ 0116 221 4800 📠 0116 221 1216

Audience ■ Therapeutic Group Intervention programme for Year 2, 3, 4 or 5 (age 6-10)

Areas Covered

- The Friendship Skills programme is for children who have poor peer relationships, and/or are exposed to bullying, as these children are at an increased risk of developing mental health difficulties
- The programme aims to teach children the social skills to make and sustain peer relationships and to provide children with opportunities for learning about issues relevant to peer friendships, such as conflict resolution and bullying, and to teach children the social skills necessary for friendship formation and maintenance.

Course Outcomes

- Pupils will acquire skills to manage and sustain friendships
- Understand the importance of good listening skills for the process of friendship formation and maintenance
- Develop an awareness of others' feelings and demonstrate empathy
- Deal with bullying appropriately, in relation to themselves and others (i.e. when witnessing bullying)
- Cooperate effectively with others to reach a shared goal
- Understand the importance of working well together in relation to sustaining good friendships
- Use basic problem solving strategies in order to reduce conflict that may occur in peer relationships
- Apply problem solving strategies for making up with friends following a disagreement

Course Leader Davinder-Singh Dhesi (Senior Educational Psychologist)

Cost Leicester City Maintained Schools/Settings: £525
Non-Maintained Schools/Settings : £630

How to apply To book your place visit www.lls.leicester.gov.uk

Full terms and conditions can be found on the website