



City Psychology Service

SPARKS

(Special Pro-Social Assertive Resilient Kids)

Course Details

Dates and Times To organise dates for your setting please contact Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

This programme consists of 10 weekly sessions lasting one hour each.

Venue Collegiate House, College Street, Leicester. LE2 0JX
☎ 0116 221 4800 📠 0116 221 1216

Audience ■ Therapeutic Group Intervention programme for a group of Year 2 (age 6-7) pupils

Areas Covered

- SPARKS promotes social growth in young children. It is based on research conducted in collaboration with Lynn Beardsall at Birmingham University and further adapted by CBII
- There are 10 sessions, each an hour long, which are delivered on a weekly basis. Topics include recognising emotions, self-control, solving social problems and active listening
- The themes are presented in ways that are engaging for 6/7 year olds
- The aim of SPARKS is to increase children's social development and enhance their emotional well-being, thereby impacting on their academic progress

Course Outcomes

- Aims to improve pupils' social development and emotional well-being
- Also aims to increase pupils' confidence and reduce levels of anxiety

Course Leader Davinder-Singh Dhesi (Senior Educational Psychologist)

Cost Leicester City Maintained Schools/Settings: £1500
Non-Maintained Schools/Settings : £1800

How to apply To book your place visit www.lls.leicester.gov.uk
Full terms and conditions can be found on the website